

**Sunday 31st July 9.15am - Trinity 7**



*A warm welcome to All Saints. Please join in with the words in bold.*

**Welcome**

The Lord be with you  
**And also with you.**

**Hymn HON 514**

Thou, whose almighty word  
chaos and darkness heard,  
and took their flight;  
hear us we humbly pray,  
and where the Gospel day  
sheds not its glorious ray,  
let there be light!

Thou, who didst come to bring  
on thy redeeming wing,  
healing and sight,  
health to the sick in mind,  
sight to the in-ly blind,  
O now to all mankind  
let there be light!

Spirit of truth and love,  
life-giving, holy Dove,  
speed forth thy flight;  
move on the water's face,  
bearing the lamp of grace,  
and in earth's darkest place  
let there be light!

Holy and blessed Three,  
glorious Trinity,  
Wisdom, Love, Might;  
boundless as ocean's tide  
rolling in fullest pride,  
through the earth far and wide  
let there be light!

**Prayer of Preparation**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

**Confession**

Come, let us return to the Lord and say:  
**Lord our God,  
in our sin we have avoided your call.  
Our love for you is like a morning cloud,  
like the dew that goes away early.  
Have mercy on us;  
deliver us from judgement;  
bind up our wounds and revive us;  
in Jesus Christ our Lord. Amen.**

May the God of love and power  
Forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life  
in Christ our Lord. **Amen.**

**Gloria** *(please stand to sing)*

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord, you alone are the**

**Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### **The Collect**

#### **Bible Readings - Exodus 16: 11-18**

<sup>11</sup>The Lord spoke to Moses and said, <sup>12</sup>“I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.’ ”  
<sup>13</sup>In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. <sup>14</sup>When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. <sup>15</sup>When the Israelites saw it, they said to one another, “What is it?” for they did not know what it was. Moses said to them, “It is the bread that the Lord has given you to eat. <sup>16</sup>This is what the Lord has commanded: ‘Gather as much of it as each of you needs, an omer per person according to the number of persons, all providing for those in their own tents.’ ”  
<sup>17</sup>The Israelites did so, some gathering more, some less. <sup>18</sup>But when they measured it with an omer, those who gathered much had nothing over, and those who gathered little had no shortage; they gathered as much as each of them needed.

#### **John 6: 26-35**

<sup>26</sup>Jesus answered them, “Very truly, I tell you, you are looking for me not because you saw signs but because you ate your fill

of the loaves. <sup>27</sup>Do not work for the food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” <sup>28</sup>Then they said to him, “What must we do to perform the works of God?” <sup>29</sup>Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” <sup>30</sup>So they said to him, “What sign are you going to give us, then, so that we may see it and believe you? What work are you performing? <sup>31</sup>Our ancestors ate the manna in the wilderness, as it is written, ‘He gave them bread from heaven to eat.’ ” <sup>32</sup>Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup>For the bread of God is that which comes down from heaven and gives life to the world.” <sup>34</sup>They said to him, “Sir, give us this bread always.”  
<sup>35</sup>Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

This is the word of the Lord.

**Thanks be to God.**

**Sermon - ‘I am the Bread of Life’.**

#### **The Creed**

**I believe in God, the Father Almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again;**

he ascended into heaven, he is seated at the right hand of the Father, and will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### Intercessions

*This response maybe used*

Lord in your mercy, **hear our prayer.**

Merciful Father,  
**accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

### The Peace

The peace of the Lord be always with you.  
**And also with you.**

### Hymn HON 383

O love, how deep, how broad, how high!  
It fills the heart with ecstasy,  
that God, the Son of God, should take  
our mortal form for mortals' sake.

For us he was baptised and bore  
his holy fast, and hungered sore;  
for us temptations sharp he knew;  
for us the tempter overthrew.

For us to wicked pow'rs betrayed,  
scourged, mocked, in purple robe arrayed,  
he bore the shameful cross and death;  
for us at length gave up his breath.

For us he rose from death again,  
for us he went on high to reign,  
for us he sent his Spirit here,  
to guide, to strengthen and to cheer.

To him whose boundless love has won  
salvation for us through his Son,  
to God the Father glory be,  
both now and through eternity.

### Offertory Prayer

Gracious God,  
accept these gifts, and with them our  
lives, to be used in your service; through  
Jesus Christ our Lord. Amen.

### Communion

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right...for ever praising you  
and singing:

*(sung)*

**Holy, holy, holy Lord, God of power and  
might, heaven and earth are full of your  
glory. Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord. Hosanna in the highest.**

Accept our praises....

Praise to you Lord Jesus:  
**dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Accept through him...

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

Let us pray with confidence as our Saviour  
has taught us

**Our Father, who art in heaven,  
hallowed be thy name; thy kingdom  
come; thy will be done; on earth as it is  
in heaven. Give us this day our daily  
bread. And forgive us our trespasses,  
as we forgive those who trespass against  
us. And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

**Most merciful Lord, your love compels us to come in. Our hands were unclean, our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.**

*Please come forward to receive Communion.*

#### **Post Communion Prayer**

**Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

#### **Hymn HON 354**

Now thank we all our God,  
with heart and hands and voices,  
who wondrous things hath done,

in whom his world rejoices;  
who from our mother's arms  
hath blessed us on our way  
with countless gifts of love,  
and still is ours to-day.

O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us;  
and keep us in his grace,  
and guide us when perplexed,  
and free us from all ills  
in this world and the next.

All praise and thanks to God  
the Father now be given,  
the Son, and him who reigns  
with them in highest heaven,  
the one eternal God,  
whom earth and heaven adore,  
For thus it was, is now,  
and shall be evermore.

#### **Notices and Banns of Marriage**

#### **The Blessing**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen**

**Voluntary:** Fugue in E flat major BWV  
552ii – J S Bach

**Thank you for joining in with our service this week. Please do join us afterwards for coffee in the Church Hall.**

**For pastoral care, please contact**

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